



**Bråvikslandet**  
KOLMÅRDEN • VIKBOLANDET

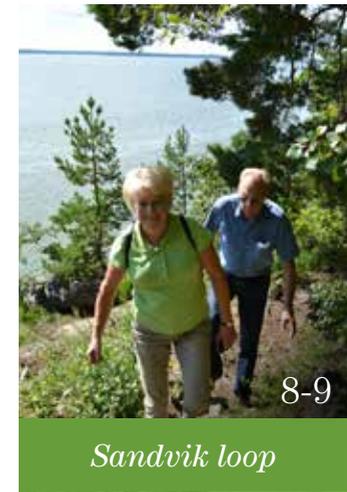
# Hiking in Kolmården and Vikbolandet



*Fridhem loop*



*Ravine loop*



*Sandvik loop*



*Outlook loop*

## Hiking in Kolmården and Vikbolandet

A hike in Bråvikslandet is so much more than the steps you take. It is the steps of a fantastic journey through Kolmården's legendary forests with steep, green ravines, murmuring brooks, small forest lakes, quiet mountain bogs and incredible views over Bråviken. We have several trails just waiting to be discovered. Combine hiking with a nice night at a hotel with good food and drink – you'll deserve it after the hike. Welcome to a fantastic trip!

*Be on the lookout for orange!*

By and large, all suggested hiking routes follow the Östgöta & Sörmland trail. The main trail is marked with orange rings around trees and posts. Connecting trails have orange spots around trees and posts. Trails in the nature reserves also are marked with orange.



[www.bravikslandet.se](http://www.bravikslandet.se)



*Fjällmossen Lövsjöstigen*



*Fjällmossen east*



*Stegeborg loop*

# Kolmården





### Facts

**Degree of difficulty:** Easy  
**Length:** About 19 km along the Östgöta trail.  
**Time:** About 6 hours.



### Road directions

From Norrköping: turn off the E4 towards Getå and follow Strandvägen; turn left towards Villa Fridhem. Parking beyond hotel. E4 from the north: turn off towards Kolmården. At Strömsfors, turn right towards Getå; then turn right down by Bråviken. Pass Getå and you will soon come to Villa Fridhem on the right.



### Local colour

Where the tour begins, Kolmården's virgin forest joins the waters of Bråviken. A site worthy of a king. And that's about right. The trail begins at Villa Fridhem, which has been a royal summer residence for Prince Carl, the younger brother of King Gustav V, his wife Princess Ingeborg and their three princesses.

The youngest daughter, Astrid, later became queen of Belgium before her tragic death in a car accident. Behind the Rödmosse farm resides Father Christmas, who receives visitors from mid-December until Christmas. The hike, which follows the Östgöta trail, offers fantastic views of Bråviken!



### Tour directions

This hike follows the Östgöta trail and it is marked with orange dots and rings around trees. Follow the road past Villa Fridhem, under the motorway and toward to the Rödmosse farm. Turn left just before farm and continue through the forest until you come to a gravel road. There you take a right. The road leads to an asphalt road. There you turn right and proceed for several hundred metres until you come to a road with a gate that goes to the left towards *Mela*. Continue on the gravel road for about 3 km, following Lake Lottern part of the way. When the road divides to the right, turn off towards *Hjälmarösjö*. Continue towards Hjälmarösjön, where you turn right towards *Getå* and *Korpklint*. After 3 km you will find yourself

on a hill. Go up to the edge and enjoy the fantastic view of Bråviken. When you then come down on a gravel road, you will see an intersection. Follow the sign towards *Fridhem*. Soon you will be back at the farm Rödmosse, where you turn left at the intersection down towards *Fridhem* again.





### Facts

**Degree of difficulty:** Easy.  
**Length:** About 17 km along the Östgöta trail.  
**Time:** About 5-6 hours.



### Road directions

From Norrköping: turn off the E4 towards Getå and follow Strandvägen; turn left towards "Algustboda" (former Getå Hotell). E4 from the north: turn off towards Kolmården. At Strömsfors, turn right towards Getå; then turn right down by Bråviken and follow the sign towards Algustboda/Getå.



### Local colour

The tour starts at the enchanting Getå Ravine, a 500-million-year-old fracture offering fantastic nature experiences. Abundant flora and the murmuring water that gently follows the ravine's fracture create an almost reverent sensation. The hike also goes by small lakes and through pine and blueberry forests up to a height with an incomparable view of Bråviken.



### Tour directions

This hike follows the Östgöta trail and it is marked with orange dots and rings around trees. Begin by crossing the bridge before former Getå Hotell and follow the sign towards *Getådalen* to the right. Then follow the stream in the ravine for about two km (past the stairs with rope banister) and go right by the sign pointing the way up out of the ravine. Take left at the road and walk along it and under the motorway, and then go right (by the *Hjälmarsösjö* sign). Far up on the slope you get your reward – a fabulous view of Bråviken! By Hjälmarsösjö lake follow the signs towards *Lilla Älgsjön* to

the right. After about two km you are going towards *Oskarshäll*. Then all that remains is to follow the signs back to *Getå*.





### Facts

**Degree of difficulty:** Moderate. Steep and narrow in places, but also gravel road.

**Length:** About 15 km.

**Time:** About 5 hours.



### Road directions

Sandviken is located after the community of Krokek, about 5 km before the wildlife park.



### Local colour

Sandviken is a charming little village by the Bråviken shore. Here you will find craft shops, a couple of hotels, a camp site and some restaurants. During the hike you will walk on "Nunnebanan", a discontinued railway. At the start of the 20th century, infestation of nun moth larvae had devastating results. In order to salvage the forest, the

20-km-long railway was built to transport timber to Sandviken's harbour. During the hike you will also pass the marble works museum. A ways back in the forest, there is still quarrying of the variable green marble that decorates several exclusive buildings, such as the Royal Palace of Stockholm, Harrod's and Rockefeller Center.



### Tour directions

This tour suggestion follows first the Marble mill nature reserve trail and then the Sörmland Trail (Sörmlandsleden) and it is marked with orange. Walk towards the swimming area through the camp site. In the slope down towards the swimming area, take the trail to the left. Follow the orange marked Marble Trail signed *Marmorstigen* along Bråviken to Vildmarkshotellet. Parts of the trail just before the hotel is quite steep with a lot of stones and roots. At Vildmarkshotellet follow the road down to the wildlife park parking. Go past the parking lot. Behind the fast food restaurant take the gravel road into the woods. Follow the road the approximately 1.5 km and take the second road to the left. Now follow the *Sörmland Trail* (Sörmlandsleden) along the lake Lövsjön. The trail leaves the lake and leads to a gravel road where the Sörmland Trail (Sörmlandsleden) continues to the right, but you take left and continue the road about

2.5 kilometers. Now you are at the old *Nunnebanan* roadbed. In the sloop just before the farm Oxåker turn right on a path into the woods. Look for the sign *Nunnebanan*. Now you see clearly that you go on the old roadbed. Follow it for about 2 km until you come out on a larger road. Walk across the road and pass the greenhouses, there is a walkway back to Sandviken.





### Facts

**Degree of difficulty:** Moderate to difficult.  
**Length:** 14 km, including four with sea view.  
**Time:** About 5 hours. Demanding here and there, with slick rocks and uneven ground.



### Local colour

Kopparbo is a small community by Kolmården Wildlife Park and has long been a peaceful fishing location. The community was dependent on the marble industry and the former brickworks in Timmergata. In later years it has evolved into an idyllic recreational area with some year-round residents. Along the trail you will pass several



### Road directions

Drive towards Vildmarkshotellet and turn left right after the hill down towards the hotel. There is nature reserve parking here. Follow the orange markings eastward from the parking area.



### Tour directions

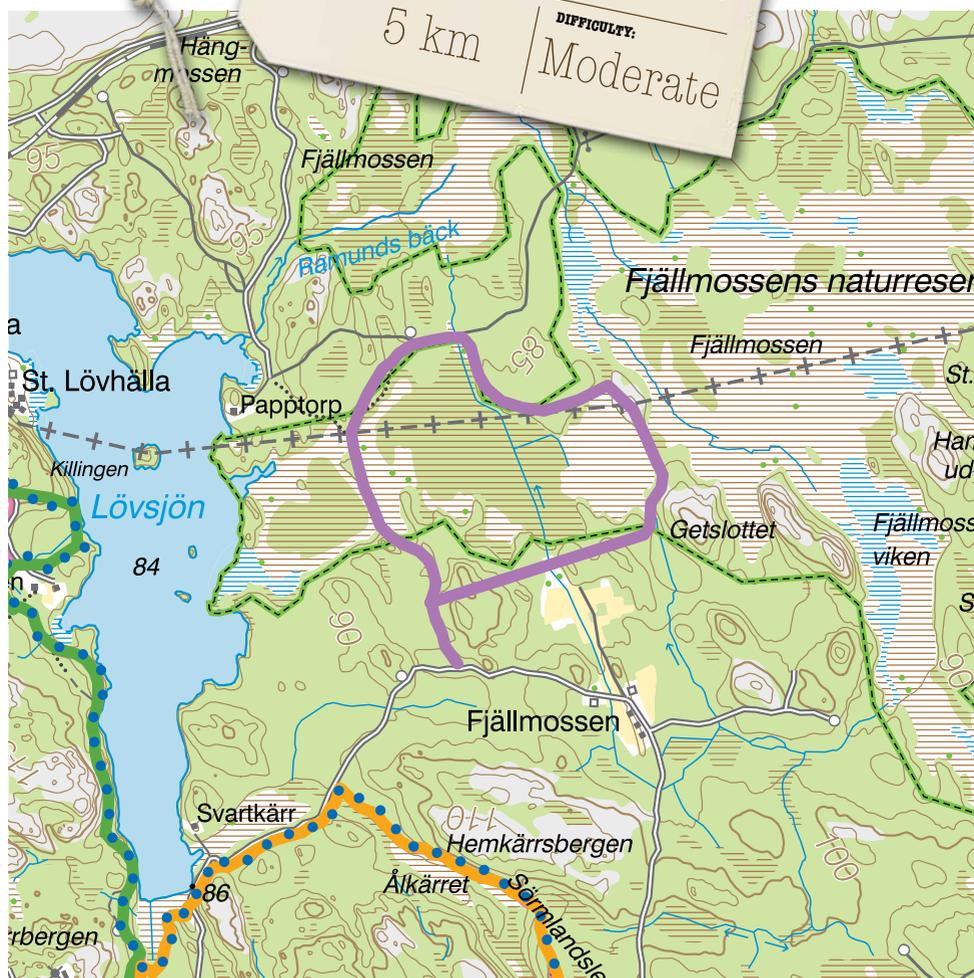
Depart from the Vildmarkshotellet parking area and follow the orange markings eastward. Five minutes later a panoramic view of land and water awaits you. Then begins the challenge of a steep downslope. Pass the fishing sheds and then ascend the steps to the picturesque village of Kopparbo, where buildings cling tightly to the precipices. Follow the markings to the eastern end of the village. The trail takes you into the forest and is continually bordered by beautiful vantage points on the right. Several minutes later you come to the Kopparbo caves. Then the trail approaches the outermost precipice 60 metres above the waters of Bråviken, with magnificent views all the way to the skyline of Norrköping. Follow the trail through lower terrain, through deciduous forests, pine forests and murmuring brooks. The trail continues down to Bråviken and cross a small road. Soon you will meet the **Sörmland trail** (Sörmlandsleden), which you take to the left heading north. Now come

phenomenal vantage points and an excellent swimming area in Lövsjön. Spend a little extra time at the Kopparbo caves, site of Östergötland's most beautiful cave, which also is one of southern Sweden's longest limestone caves. If you like, you can go into the cave a ways, but be careful. It requires true caving experience.

four km of beautiful, dense Kolmården forest with here and there rocks and pines, where you will also cross the road between Kvarsebo and Kolmården Wildlife Park. Eventually you will come to a forest road, where you follow the **Sörmland trail** to the left. After about 600 metres on the road, you pass Lövsjön, with a fine swimming area. At the marsh at the southern tip of Lövsjön, you leave the Sörmland trail and continue on the forest road straight southwards towards the wildlife park parking area. Here you can take a breather with ice cream before you follow the car road back to Vildmarkshotellet.

#### Option for shortening the trail:

If you want to avoid the steepest inclines, you can park at the zoo parking area and connect to the trail at the uppermost part of Kopparbo. (Go eastwards.) The trail will be about two km shorter and you will avoid the worst inclines.



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## Facts

**Degree of difficulty:** Easy to moderate.

**Length:** About 5 km.

**Time:** About 2 hours.



## Road directions

To get to Fjällmossen natur reserve and Lövsjöstigen (Lake Lövsjön Trail), turn onto the gravel road by the fast food restaurant by the wildlife park parking area and follow the gravel road about 3.5 km. There is parking here on the left side and a sign with information. Walk along the road for about 100 metres and follow the "Lövsjöstigen" sign.



## Local colour

In addition to being one of central Sweden's largest mosslands, Fjällmossen is also one of Sweden's quietest places. A special silence pervades the 480-hectare area. A little sense of Norrland close to Norrköping,

something that also is evident in the flora you will discover on your hike. If you are lucky, you will hear the call of the blackcock and the capercaillie and perhaps see one of the many birds of prey that hang out here.



## Tour directions

You will need heavy boots here. To reach the loop, you first must traverse a clearing and a wetland. But it is worth the effort! After about 15 minutes (take the left turn), we reach the corner of Fjällmossen. The trail continues on an embankment that separates Lövsjön from Fjällmossen. It was, in fact, said to have been created by Russian prisoners of war in the 17th century. In early June there are large amounts of cotton grass blooming here. After about 5 minutes more you come to the county border. Then the trail continues for a short distance on a gravel road and through a planting of young forest, which then leads you to a beautiful, moss-green old "enchanted forest". The trail passes the ruins of a croft. Imagine living here in the middle of the wild border forest between the old realms of Götaland and Svealand! Enjoy the scent of wild rosemary and bog myrtle. After about an hour of hiking, you are back in Östergötland. Here

there are even border cairns. At the edge of Fjällmossen there are several suitable lay-bys with extensive views. We walk across the moss on planks, some of which are submerged in wet weather, so be careful. Follow the trail to the exit south of Fjällmossen. For those who don't have a car, the Lövsjöstigen path can also be reached via gravel road from the zoo parking area. Then it will be slightly more than 10 km long and pass the southern tip of Lövsjön with excellent swimming areas. The gravel road passes through typical Kolmården nature, with lots of blueberry bushes and heather.





ROUTE:  
Fjällmossen east  
LENGTH:  
8 km  
DIFFICULTY:  
Moderate



### Facts

**Degree of difficulty:** Easy to moderate.

**Length:** About 8 km.

**Time:** About 3 hours.



### Road directions

Continue past the wildlife park towards Kvarsebo. After about 10 km, turn left towards Jönåker. After slightly more than one km, follow the signs towards Fjällmossen nature reserve (to the left). Park by the swimming area at the southern end of Lake Vrångsjön. From here you can reach the Sörmland trail inside the reserve.



### Tour directions

Follow the road to Holmtorp, a summer idyll with beautiful meadows. Then proceed on the road to the left about 500 metres to the Sörmland trail (Sörmlandsleden), marked with orange. Follow it northwards on small forest paths that take you through both old-growth and sparse forests. We pass both modern forestry and burned areas. The trail proceeds along the edge of Ljungmossen, with its aromas of bog myrtle and wild rosemary. Walk a short ways on a solitary forest road, go left after about 500 metres and then hike on islands and planks through Fjällmossen. The sense of Norrland is palpable, despite the fact that we are far south on the border between Östergötland and Södermanland. On the other side we are in the midst of one of central Sweden's largest moss and swamp areas. After the moss you come to Lilla Göljen, a beautiful forest lake where there are tables, a fireplace, windbreak and earth closet. The lake has a jetty, and it is okay to swim in it – but there are leeches present. The Sörmland trail takes us farther across a rubble field followed by a stage with lush, almost enchanted forest and murmuring brooks. The last part of the trail parallels beautiful Vrångsjön, where you can end with a cooling dip!

### Tips for extending the tour:

1. Swim outing to Stora Göljen. Continue towards the forest road after the cold spring just beyond Lilla Göljen. When you reach the road, go forward a ways and then go left. After about one km follow the path towards Stora Göljen (see map). Here you will find a solitary, beautiful swimming area right on the edge Fjällmossen. The trip is a total of about 3 km.
2. Brandstigen. From the middle of Fjällmossen follow the signs with that name. It is a loop of about 3 km that takes you to a conservation burn carried out in 2010. Remarkable – and as close to wasteland as you can get. Listen to the silence and enjoy.





### Facts

**Degree of difficulty:** Easy to moderate.

**Length:** About 15 km.

**Time:** About 4-5 hours.



### Local colour

Here in Vikbolandet is Lake Skiren. A small, little known jewel. Those who know it usually return year after year to swim in the pleasant waters. The hike begins by Stegeborgsgården, which formerly supplied Stegeborg Castle with food and water. At the current campsite the sons of Gustav Vasa had their kitchen garden, which provided the household with fresh vegetables. The water is still equally good – so take advantage of the chance to fill your water bottles here before the hike.



### Tour directions

The tour begins at Stegeborgsgården. Follow the main road with the Östgöta trail markings. Then turn in to the left at the Ingelstorp sign. Pay close attention here; the signs can be difficult to see. The road ends at a dilapidated barn. The more difficult hike through the woods begins here. Pass Lake Skiren with its clear water, stopping for a moment if you wish to take a dip! When you have passed Skiren and are farther out of the forest, you will come to a small road. Follow it to the left and continue past Lönsås, an old farm with a deed of gift from Queen Christina. Cross the barnyard back southward. Feel free to greet the cows on the way! The road back passes through stretches of woodland and grazing pastures. Stay on the road. When you come to the T-intersection, follow the Östgöta trail to the right and you will soon be back at your starting point.



### Road directions

From Nyköping/Stockholm: E4 to Jönåker. Follow signs towards Arkösund by ferry across Bråviken. In Östra Husby, cross highway 209. Follow signs towards Stegeborg. From Kolmården: Follow signs towards Arkösund by ferry across Bråviken. In Östra Husby, cross highway 209. Follow signs towards Stegeborg. From Norrköping: Follow signs towards the airport in Norrköping. Highway 209 towards Arkösund and Vikbolandet. After 13 km, by Konungsund, turn right and follow signs towards Stegeborg.

### Alternative connection

At Smedstorp you can go left and follow the road until it forks. Keep to the right there and pass through the gate. When the woods open and Kålldalen, a red croft, is visible straight ahead, you will find a small tractor road leading to the right of the crest. Follow it and jump over the ditch. In other words, you go around and past the croft. At the croft the Little King's trail (Lilla Kungsleden) comes down from the mountain. Follow it, guided by the orange markings on the trees. The path leads into the Norrskog nature reserve and offers a fantastic view of Slätbaken! The path goes up on the mountain in places and sometimes way down to the water's edge. Here you will encounter striking rock formations, a small cave and a beautiful oak forest. The trail ends at the shoreline. Time for a dip, perhaps?



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